

NATIONAL SCHOOL LUNCH MEAL MENU April 2009 Spring Cycle

	Week of 4/6	Week of 4/13	Week of 4/20	Week of 4/27
Monday	6 Turkey Meatballs (4 ea.) (2 oz.), Whole Wheat Spaghetti (#8 scoop), 2 oz. Italian Sauce Green Beans (#10 scoop) Warm Cinnamon Applesauce (#10 scoop) 8 oz. Milk 1 slice Wheat Bread w/ Margarine	13 Mini Corn Dogs (5 ea.) 1 pkt. Ketchup w/ 1 pkt Mustard Broccoli (#10 scoop) Warm Tri-Fruit Crunch (#10 scoop) 8 oz. Milk	20 Macaroni and Cheese (6 oz.) Garden Blend Vegetables (#10 Scoop) Tropical Fruit Salad (# 10 scoop) 1 slice Wheat Bread w/ Margarine 8 oz. Milk	27 Ocean Treasures (4 ea.) (2 oz. protein, 1 serv. bread) 1 pkt. Tarter Sauce Carrot Coins (#10 scoop) Fruit Cocktail (#10 scoop) 1 slice Wheat Bread w/ Margarine 8 oz. Milk
Tuesday	7 French Toast Sticks (2 ea) (2 oz.) w/ 1 pkt. Syrup Turkey Sausage Links (3 ea.) 1 ea. Potato Wedge (2 oz.) w/ 1 pkt. Ketchup Fresh Apple 8 oz. Milk	14 Southwestern Chicken Wrap (1 ea.) (2 oz. protein, 1 servings bread) Green Beans (#10 Scoop) Warm Cinnamon Applesauce (#10 Scoop) 8 oz. Milk 1 pkg. Smarty's cereal mix	21 Mini Italian Sub (1 ea.) (no pork) (2 oz. protein, 2 bread) 1 pkt. Ketchup and Mustard Lettuce Salad (#10 scoop) w/1 pkt. Italian Dressing 1 ea. Fresh Apple 1 pkg. Vanilla Wafers 8 oz. Milk	28 Chicken Rings (5 ea) (=2 oz. protein, 1 serv. bread)** Green Beans (#10 scoop) 1 pkt Hot Sauce w/ 1 pkt. Ketchup Pears (#10 scoop) 8 oz. Milk 1 slice Wheat Bread w/ Margarine
Wednesday	8 Breaded Chicken Drumstick (2 oz) w/ 1 pkt Hot Sauce 4 oz. Natural Applesauce Cup Baby Carrots (#10 scoop) 1 slice Wheat Bread w/ Margarine 8 oz. Milk	15 3 oz. Hamburger w/ Bun 1 pkt. Ketchup w/ 1 pkt. Mustard Corn (#10 scoop) 1 ea. Fresh Banana 8 oz. Milk	22 3.5 oz. Chicken Patty w/ Bun 1 pkt. Mayonnaise Italian Blend Vegetables (#10 scoop) Peaches (#10 scoop) 8 oz. Milk	29 Johnny Marzetti (#6 scoop) Broccoli (#10 scoop) 4 oz. Mixed Berry Applesauce 1 slice Wheat Bread w/ Margarine 8 oz. Milk
Thursday	9 Hot Dog (1 ea.) w/ Bun 1 pkt. Ketchup & Mustard Baked Beans (#10 scoop) Pears (#10 scoop) 8 oz. Milk	16 Galaxy Cheese Pizza (2 oz. protein, 2 serv. bread) Shredded Lettuce w/ 1 pkt Ranch Dressing (#10 scoop) 1 ea Fresh Orange 8 oz. Milk	23 Hot Dog (1 ea.) w/ Bun 1 pkt. Ketchup and Mustard Baked Beans (#10 scoop) Warm Pineapple Crunch (#10 scoop) 1 slice Wheat Bread w/ Margarine 8 oz. Milk	30 2 oz. Salisbury Steak w/ 2 oz. Beef Gravy Garden Blend Vegetables (#10 scoop) Mandarin Oranges w/ Pineapple (#10 scoop) 1 slice Wheat Bread w/ Margarine 8 oz. Milk
Friday	10 Soft Taco (#16 scoop beef) (2 oz. beef), #30 scoop shredded cheese (1 oz.), 1 tortilla w/ 1 pkt. Taco Sauce Shredded Lettuce (#10 scoop) w/ 1 pkt. Ranch Dressing 1 ea. Fresh Apple 8 oz. Milk	17 Sloppy Joe (#16 scoop = 2 oz. beef) w/ 1 ea Hamburger Bun Peas & Carrots (#10 scoop) 1 ea. Fresh Apple 8 oz. Milk	24 Turkey and Cheese Chili Dog (= 2 oz. meat, 1 serv. bread) Mustard Potato Salad (#10 Scoop) 4 oz. Mixed Berry Applesauce 8 oz. Milk	May 1 Galaxy Cheese Pizza (=2oz. protein, 2 bread serv.) Shredded Lettuce(#10 scoop) w/ Ranch Dressing Fruit Salad (#10 scoop) 8 oz. Milk 1 pkg. Vanilla Wafers

*All meals include: 8 oz. Milk.